

Expert physiotherapy for you and your family

Date	
Patient's name	
Diagnosis	
Relevant information	
Treatment at discretion of Physiotherapist or Specific:	
☐ Manipulation or mobilisation	Rehabilitation
☐ Soft tissue massage	☐ GLA:D program for osteoarthritis
Ultrasound	☐ Patello-Femoral regime/VMO
☐ Dry needling/acupuncture	☐ Supports, braces, taping
☐ Vestibular rehabilitation	☐ Individual or Group Pilates
☐ Hand therapy or custom splinting	☐ Exercise Physiology
Others	
Contraindications	
Next Doctor's appointment	
Referred by Doctor	



Musculoskeletal Physiotherapists

Frank Andrews Ross de Valle Adam Joyce Doris Zikas Sejin An

Sports Physiotherapist Terry Boyd

Senior Physiotherapist Chris Latimer Yixiang Chen

Physiotherapists

Laura Canning Katrina Huynh Ivan Lam Nathaniel Martin Matthew Venn Jessica Carter Kritika (Kia) Iyer Michael Iudica Bernard Diya Joshua Hua Abby Breen

Louisa Han

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Berwick Physiotherapy Clinic has been providing services to the region since 1980, with Pakenham Lakeside Physiotherapy opening in 2011, and Clyde North Physiotherapy opening in 2021, in order to meet the needs of the growing community. All clinics are committed to providing high quality physiotherapy. Our physiotherapists use a 'hands on' approach and all practitioners are members of the Australian Physiotherapy Association. The clinics are open six days a week and have evening and early morning appointments. All physiotherapists have expertise in the management of spinal and sports-related injuries.



Berwick Physiotherapy 1/31 Clyde Road, Berwick 3806 T (03) 9707 1855 F (03) 9707 5828 berwickphysio.com.au



Clyde North Physiotherapy 8 Selandra Boulevard, Clyde North 3978 T (03) 8538 5340 F (03) 8538 5360 clydenorthphysio.com.au



Pakenham Lakeside Physiotherapy 1/2 Waterford Rise, Pakenham 3810 T (03) 5941 8965 F (03) 5941 7854 pakenhamlakesidephysio.com.au